

THE GUT BUSTER 10 MILE RESULTS

POSITION	NAME	AGE GROUP	TIME	COMMENT
1	Chris Bradfield	Mopen	1:01:56	1st Man
2	Daniel Doherty	Mopen	1:03:13	2nd Man
3	Ian Gosling	Mopen	1:03:51	
4	Nick Wright	Mopen	1:04:50	
5	Tish Jones	Fopen	1:05:26	1st Lady
6	Richard Usher	Mopen	1:05:35	
7	Pete Williams	M40-49	1:05:46	1st Man 40-49
8	Nick Campsie	Mopen	1:08:11	
9	Huw Dymond	Mopen	1:08:30	
10	Paul Thomas	M50+	1:09:08	1st Man 50+
11	Ellie Barnes	Fopen	1:10:57	2nd Lady
12	Nick Sheppard	Mopen	1:11:11	
13	Gavin Rennie	M40-49	1:11:52	
14	Matt Elphick	Mopen	1:12:20	
15	Dominic Lee	Mopen	1:12:25	
16	Charlotte Harris	Fopen	1:12:39	
17	Dean Allaway	Mopen	1:12:51	
18	Mark Gorst	Mopen	1:13:18	
19	Gerry Wall	M40-49	1:15:06	
20	Geoff Jukes	Mopen	1:15:06	
21	Nick Livingstone	Mopen	1:15:23	
22	Ian Giggs	Mopen	1:15:35	
23	Rob Harper	M40-49	1:15:56	
24	Simon Rourke	M40-49	1:16:11	
25	Tim Pearce	Mopen	1:16:37	
26	Paul Griffiths	M40-49	1:17:03	
27	Philip Mace	Mopen	1:17:18	
28	Helen Garforth	Fopen	1:17:23	
29	Nick Parris	Mopen	1:17:25	
30	Bridget King	Fopen	1:17:53	
31	David Caswell	M40-49	1:18:00	
32	Jim Bryce	M40-49	1:18:10	
33	Anthony Page	Mopen	1:18:15	
34	Faye Cripps	Fopen	1:18:36	
35	Darryl Rice	Mopen	1:18:36	
36	Tom Morton	Mopen	1:18:54	
37	Hannah Oliver	Fopen	1:19:03	
38	Tim Challinor	Mopen	1:19:10	
39	Phil Mulligan	Mopen	1:19:38	
40	Andrew Stockwell	M40-49	1:20:15	
41	Tim Fowler	M50+	1:20:51	
42	Chris Denton	Mopen	1:21:27	

43	Steve Rhodes	M40-49	1:21:45	
44	Willem Londeman	Mopen	1:23:11	
45	William Larnach	M50+	1:23:14	
46	Paul Monaghan	M40-49	1:23:16	
47	Simon Kay	M50+	1:23:24	
48	Emma Perkins	Fopen	1:23:59	
49	Ian Ward	M40-49	1:24:03	
50	Steve Cross	M40-49	1:24:28	
51	John Chevis	M40-49	1:24:36	
52	Phillip Bennis	Mopen	1:25:07	
53	Adrian O'Malley	M40-49	1:25:27	
54	Rafer Joseph	M40-49	1:26:41	
55	Tracy Joseph	F40-49	1:26:41	1st Lady 40-49
56	Patrick Bartlett	Mopen	1:26:58	
57	Lucy Ward	Fopen	1:27:15	
58	Robert Fleming	M40-49	1:27:17	
59	Paul Jones	M40-49	1:27:26	
60	Brendan Ridge	M50+	1:27:28	
61	Christine Sadler	Fopen	1:27:36	
62	Phil Elwell	M40-49	1:27:43	
63	Elaine Dean	F40-49	1:27:51	
64	Matt Conrad-Jones	Mopen	1:27:58	
65	Pete Morris	M50+	1:28:16	
66	Julie Fastiggi	Fopen	1:28:20	
67	Rebecca Vincent	Fopen	1:28:58	
68	Geoff Brown	M40-49	1:29:08	
69	Eileen Naughton	Fopen	1:29:15	
70	Terry Sanderson	M40-49	1:29:41	
71	Vincent Elliott	Mopen	1:29:41	
72	Iain Murrison	M40-49	1:29:47	
73	Jim Donnett	Mopen	1:29:56	
74	David Vaughan	Mopen	1:30:10	
75	Darren Miller	Mopen	1:30:10	
76	Kristian Boshier	Mopen	1:30:17	
77	Lucy Hollis	Fopen	1:30:23	
78	Sharon Robinson	Fopen	1:30:23	
79	Greg Sudell	Mopen	1:30:35	
80	Julie Shand	F40-49	1:32:11	
81	Steve Gault	M40-49	1:32:24	
82	Richard Crumpton	Mopen	1:32:25	
83	Simon Simmons	M40-49	1:32:26	
84	Paul Driver	Mopen	1:32:39	
85	Caroline Winton	Fopen	1:33:00	
86	David Kindred	M40-49	1:33:14	
87	Michelle Double	Fopen	1:33:27	
88	Peter Rose	Mopen	1:33:28	
89	Chris Mortimer	Mopen	1:33:56	

90	Denise Stuart	F40-49	1:34:05	
91	Richard Read	M50+	1:34:15	
92	Craig Lipsombe	Mopen	1:34:24	
93	Lisa Mallett	F40-49	1:34:54	
94	Andy Wilson	M40-49	1:34:57	
95	Peter Higgs	M40-49	1:35:20	
96	Stuart Dewey	Mopen	1:35:30	
97	Malcolm Booker	M50+	1:35:40	
98	Kate Buchan	Fopen	1:35:54	
99	Samantha Lee	Fopen	1:36:09	
100	Claire Scammell	Fopen	1:36:50	
101	Mark Furse	M40-49	1:36:50	
102	Claire Searle	Fopen	1:37:20	
103	Paul Courtney	M40-49	1:38:09	
104	Matt Walters	Mopen	1:39:18	
105	Alison Jones	F40-49	1:39:26	
106	Philippa Elwell	Fopen	1:39:27	
107	Kalvin Withers	M50+	1:39:28	
108	Susie Rees	Fopen	1:39:29	
109	Jenny Astall	Fopen	1:39:37	
110	Matt Shanahan	Mopen	1:40:12	
111	Michael Alsworth	M50+	1:40:14	
112	Andy Dean	M40-49	1:40:26	
113	Sean O'Reilly	M50+	1:40:33	
114	Nicola Ralph	Fopen	1:41:07	
115	Maggie Norgate	F40-49	1:41:26	
116	Lisa Sammons	Fopen	1:41:30	
117	Tim Butt	Mopen	1:42:10	
118	Tom Harrison	M50+	1:44:21	
119	Kelly Lincoln	Fopen	1:45:03	
120	Ilona Herbert	Fopen	1:45:03	
121	Caroline Partner	Fopen	1:45:37	
122	Paul Hanks	Mopen	1:47:44	
123	Martin Bush	M50+	1:48:57	
124	Louise Cooper	F40-49	1:55:35	
125	Julia Molyneux	F40-49	1:55:35	
126	Amy Otter	Fopen	1:56:21	
127	Sarah Boundy	Fopen	2:00:55	
128	Brenda Boundy	F40-49	2:00:56	
129	Hayley Court	Fopen	2:04:26	
130	Kelly Jennings	Fopen	2:04:29	
131	Amanda Hart	Fopen	2:06:32	
132	Becky Stephen	Fopen	2:17:40	
133	Mike Stephen	Mopen	2:17:40	
134	Charlotte Edwards	Fopen	2:17:40	

THE GUT BUSTER 10K RESULTS

POSITION	NAME	AGE GROUP	TIME	COMMENT
1	ANDY BLENKINSOP	Mopen	40-14	1ST MAN
2	OLIVER HILL	Mopen	40-40	2ND MAN
3	ED DODWELL	M50+	41-46	1ST MAN 50+
4	COLIN COTTELL	M50+	44-18	
5	DANIEL HARE	Mopen	45-03	
6	TONY WALKER	M40-49	45-59	1st MAN 40-49
7	ROB SAINSBURY	M40-49	45-59	
8	MICHAEL ALLUM	Mopen	47-05	
9	PAUL YOUNG	M40-49	47-13	
10	DAVID LENNON	M40-49	47-16	
11	CHRIS DONALD	M40-49	48-07	
12	CLAIRE DONALD	F50+	48-07	1ST LADY 50+
13	ELEANOR SMITH	Fopen	48-25	1ST LADY OPEN
14	STUART WILLIAMS	Mopen	48-57	
15	JAMES FERGUSON	Mopen	48-58	
16	JAN HAGARA	Mopen	49-10	
17	MARK WILLS	Mopen	49-22	
18	KEVIN GODDING	Mopen	49-22	
19	RACHEL HILL	F40-49	50-30	1st LADY 40-49
20	JOHN HOUSTON	Mopen	50-33	
21	BRYONY HARPER	Fopen	50-34	2ND LADY OPEN
22	CAROLINE SHERLOCK	Fopen	51-34	
23	GORDON HALLIDAY-VARGAS	M50+	51-35	
24	LAWRENCE FOX	Mopen	52-45	
25	MARTYN WARNER	M40-49	53-09	
26	JAMIE SHILLAM	Mopen	53-16	
27	DAVID MEDCRAFT	M40-49	53-25	
28	SIMON BRIMACOMBE	M40-49	53-55	
29	SAM GUTTERIDGE	Mopen	55-14	
30	CAROLE DRIVER	F50+	55-19	
31	SOPHIE ALLEN	F40-49	55-31	
32	STUART SAUNDERS	Mopen	55-31	
33	LAURA WALKER	Fopen	55-50	
34	SUZANNE EATON	F40-49	55-51	
35	ROSS IRWING	M40-49	56-23	
36	COLIN FERGUSON	Mopen	56-27	
37	PAULA POTTER	F40-49	56-35	
38	DAVID MCLAREN	M40-49	56-35	
39	RUTH WILLIAMS	Fopen	57-19	
40	JUSTIN LLOYD	Mopen	57-25	
41	ANNABEL MIDDLETON	F40-49	57-44	
42	MARK JEFFERY	M40-49	58-17	

43	ELNETTE PARSONS	Fopen	58-41	
44	ALEXANDRA RICHARDS	Fopen	59-00	
45	IAN BUNDEY	M40-49	59-46	
46	STEVE FISHER	M40-49	1-00-15	
47	JANE WOOD	F50+	1-00-32	
48	ROSE LINDSTEDT	F50+	1-00-38	
49	KATE POLLARD	Fopen	1-00-51	
50	ZOE FANNON	Fopen	1:01:23	
51	JO WESTBROOK	Fopen	1:01:23	
52	SOPHIE ABRAHAM	Fopen	1:01:40	
53	JEREMY BARBER	M50+	1:01:47	
54	ROBERT STREETER	M50+	1:01:53	
55	DAVID MATHER	Mopen	1:02:29	
56	ANDY KWOK	Mopen	1:02:29	
57	SARA LEE	F40-49	1:02:54	
58	BRIAN OLIVER	M50+	1:03:22	
59	RICHARD STAMVIK	M40-49	1:03:55	
60	CATHERINE BJERGSTED	F40-49	1:05:17	
61	EMMA NORTON	Fopen	1:05:18	
62	SIMON READ	Mopen	1:05:34	
63	VICTORIA CHANDLER	Fopen	1:06:40	
64	DAVID LIVINGSTONE	M50+	1:07:26	
65	KATHERINE HOWELLS	Fopen	1:07:39	
66	DAVID DOWSON	M50+	1:08:20	
67	SARAH WATSON	F50+	1:08:21	
68	RICHARD WESTON	M50+	1:08:59	
69	LAURA STRAPP	Fopen	1:09:25	
70	KATHY BROWN	F40-49	1:11:22	
71	IAN BEVERIDGE	M40-49	1:12:31	
72	GARRY TAYLOR	M40-49	1:16:20	
73	ANNA ILLINGWORTH	F40-49	1:16:21	
74	VAUGHAN ILLINGWORTH	M40-49	1:16:21	
75	JUDITH AYRES TAYLOR	F40-49	1:16:30	